

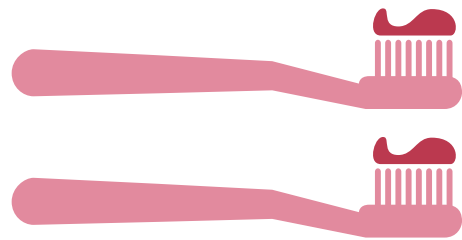


## TEEN TEETH

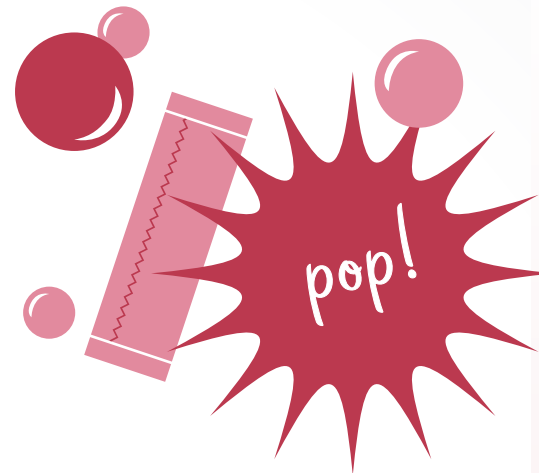
With extra care and some gentle reminders from mom and dad, a teen's oral health will be in great shape for the college years and beyond.



Mouthguards are essential for almost every sport during both practices and games.



Make sure your teen continues to brush twice a day and floss daily.



Opt for sugar-free gum.



8

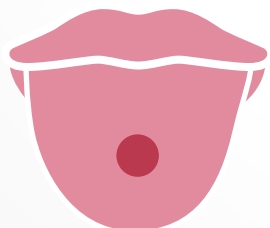
TO

14

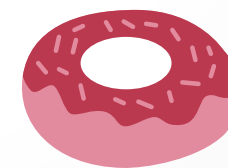
The age range when orthodontics are typically applied.



### HARMFUL TEEN HABITS CAN AFFECT ORAL HEALTH AS AN ADULT.



SAY 'NO' to tongue or lip piercings.



LIMIT soda and junk food consumption.